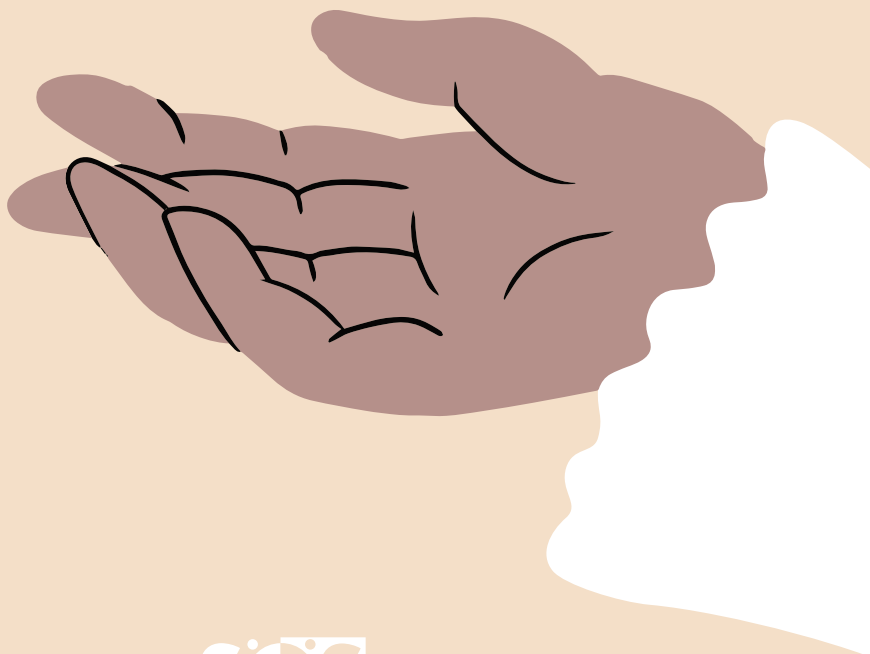


Emergency Clinic for Rape Victims

24-hour emergency telephone
number 08-123 646 70



SÖS

SÖDERSJUKHUSET

What help can I receive at the Emergency Clinic for Rape Victims?

You can receive help here regardless of who has assaulted you. It could have been someone close to you or a person that you have never met before. You are welcome to visit us for up to a month after the assault took place.

You will be offered a forensic examination to secure evidence for any potential legal process. You will also be offered counselling to help you deal with how the attack has affected you. In addition to this, you will also be medically followed-up by doctors and nurses.

Our clinic staff includes doctors, nurses, assistant nurses, psychologists and counsellors. All staff who work at the clinic have experience working with people who have been subjected to a sexual assault.

WHAT HAPPENS WHEN I ARRIVE AT THE CLINIC?

We are open round the clock but would like you to call first so that we can plan your visit as best as possible. Some people wish to come alone and others prefer to come to the clinic together with someone they know. You decide what is best for you.

When you arrive at the clinic, you will first receive information about what services we can offer you and you can then tell us why you have sought care from us. Together we will determine what examinations you should have and what samples will be collected. At the clinic, everything is completely voluntary and you can say no to anything that doesn't feel comfortable at any time.

WHAT HAPPENS AT THE DOCTOR VISIT?

Based on what you have told us, the doctor can decide what examinations are suitable, but ultimately it is up for you to decide what you wish to go through. A full body examination is not always necessary, but it can be particularly important so that potential evidence is not lost.



The samples that are taken at the emergency visit will not show whether you have been infected by any sexually transmittable diseases during the assault. This is because it takes at least two weeks before these show up on tests. For this reason, you will be given a new appointment in a couple of weeks for a medical follow-up.

HOW CAN TALKING ABOUT THINGS HELP ME?

You will be offered the opportunity to speak with a counsellor. Sexual assault can put you in a crisis situation, which may mean that you don't really feel like your normal self for some time. Counselling can help you to understand your reactions and find strategies to cope with them. Remember to allow yourself to feel and react naturally.

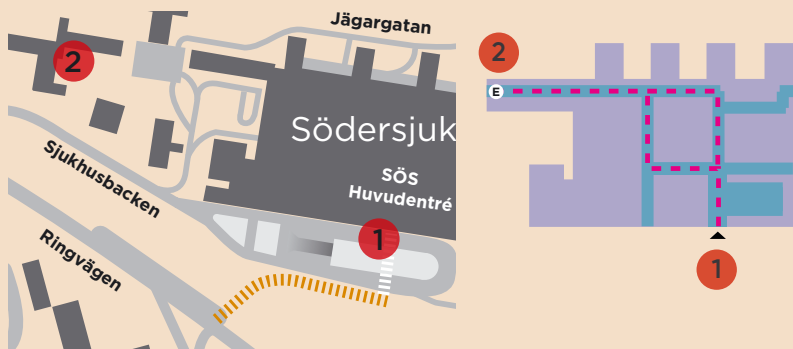
You may also be offered the opportunity to participate in group counselling sessions together with others who have had similar experiences.

WHAT HAPPENS NEXT?

We will not force you to file a police report, but if you wish to do so then we would be happy to help you get in touch with the police. If samples have been collected at the visit to the emergency clinic in order to secure evidence, then these will be saved for two years so that you have time to think about whether you wish to file a police report. If you want the samples to be saved for longer, then you need to inform us of this.

We would like to improve and develop the care that persons subjected to sexual assault receive. When you return for your follow-up visit, we will ask you to answer some questions about yourself, about the assault and what you think about the care you have received here at the clinic. You can decide whether you wish to answer the questions or not.





1 Södersjukhuset Main Entrance

2 The Emergency Clinic for Rape Victims

Entrance via lift E, 4th floor, Hjalmar Cederströms Gata 5, Stockholm
You can also contact us via www.1177.se • Telephone no.: 08-123 646 70

Other places you can turn to for help:

Women's shelter (Alla Kvinnors Hus) 08-6440920

Counselling for those who have been subjected to physical abuse, mental abuse or sexual assault.

Sweden's national women's helpline (Kvinnofridslinjen) 020-50 50 50

Open round the clock, for those who are subjected to physical abuse, mental abuse or sexual assault or are a relative of someone who has.

RFSL Support Clinic 020-34 13 16

For HBTQ persons who have been subjected to harassment, threats and assault.

The RFSU Clinic 08-692 07 70

For those who are subjected to any form of sexual assault or are a relative of someone who has.



SÖDERSJUKHUSET

Adress Sjukhusbacken 10, 118 81 Stockholm

Telephone no.: 08-123 610 00 • SL Buss 3, 4, 164, Commuter train - Stockholm Södra

www.sodersjukhuset.se